What Is FOG?

F.O.G. stands for Fats, Oils, and Grease. FOG comes from:

- Meat
- Lard
- Vegetable oils-including canola, olive, sesame, etc.
- Shortening
- Butter or margarine
- Food scraps
- Baked goods
- Dairy products
- Sauces

Why Is FOG a Problem?

When fats, oils, and grease get into the sewer system, they stick to the inside of pipes. Over time, FOG will build up in the pipe and create a blockage. Here are some possible results of a FOG clog:

- Raw sewage overflowing into your home, yard, or street
- Potential contact with disease-causing organisms, including £. coliand Giardia1.
- Expensive clean-up procedures
- Increased sewer bills due to higher operation and maintenance costs to the sewer department
- Damage to the environment, including algae blooms and fish kills

What Can You Do to Help?

It's easy to prevent FOG-related sanitary sewer backups and overflows. Try these simple steps to make a difference:

GOOD IDEAS

- For small amounts of grease, wipe out pots and pans with a paper towel after cooking and throw the paper towel in the garbage.
- Scrape or pour grease and food scraps into a can or jar, then throw it in the garbage when it's full.
- Put a strainer into the sink drain to catch food scraps, then throw the scraps in the garbage.
- Spread the word. Speak to your friends and neighbors about FOG to increase your impact.

NO-NOS

- Never pour grease or food scraps down the sink or into the toilet.
- Don't think a garbage disposal will get rid of FOG-disposals just move grease down the line and spread the problem!
- Don't rely on detergents that claim to dissolve grease. These products will also spread FOG through the sewer lines.

The best way to keep FOG from creating an overflow is to not let it get into the sewer in the first place!

No Wipes Down The Pipes

Disposal of solid objects down drains and toilets is a

leading cause of sanitary sewer backups. Wipes are made of non-natural materials held together by resins, chemicals, or high-pressure applications, making them very durable. The strong bonding makes it difficult for the wipes to break down.



Here are the main reasons why flushable wipes are considered non-biodegradable and the possible dangers they can cause to the environment.

- They can take hundreds of years to break down completely.
- They can end up in the open ocean.
- If ingested by our marine life, they can cause strangulation, death and even become a toxic part of the food chain.

PREVENT CLOGGED SEWERS

Don't flush wipes, diapers, tissue paper, paper towels, or any other products other than toilet paper

Instead of using flushable wipes, use high-quality, double-ply toilet paper.

Throw wipes in the trash



For Restaurant and Building Owners:

Keep your grease trap or interceptor running smoothly. To keep your separation device working correctly, make sure it is properly:

- Designed-it should be correctly sized and manufactured to handle your facility's waste
- Installed-the device must be well-vented, level, etc.
- Maintained-clean and service the trap or interceptor frequently.

Remember, never put solids into your grease trap or interceptor and keep records of maintenance!



Let Us Hear From You

The monthly Town meetings are held on the 3rd Thursday of every month at 7:30 pm at the Pinebluff Town Hall. If you would like to learn more about your community, please attend any of the regularly scheduled meetings.

To report a sanitary sewer overflow use the contact information below.

Contact Us

325 East Baltimore Avenue Pinebluff, NC 28373 Phone: (910) 281-3124 Web: townofpinebluffnc.org



Town of Pinebluff

MANAGEMENT
PRACTICES FOR
PROPER SEWER
WASTE DISPOSAL

Keep Our Sewers Clog-Free!

Protect your health, your family, the environment, and your wallet by keeping FOG and wipes out of the sewer